



Dear colleague,

The **European Federation of Psychiatric Trainees (EFPT)** is a non-profit independent organization constituted by and representing the interests of the National Trainee Associations (NTAs) of psychiatric residents in Europe. One of the aims of EFPT, and in particular the MENTA WG (Maintaining and Establishing a National Trainee Association Working Group) (<http://efpt.eu/wg/menta-wg/>), is to promote the collaboration between European and non-European trainees and supporting the establishment of NTAs for psychiatric trainees in Europe and beyond.

To this end we launched the **EFPT-MENTA Overseas Programme** in 2018, allowing non-European trainees to attend the EFPT Annual Forum, a congress with lectures and workshops by renowned speakers as well as trainees, attended by more than 100 delegates from over 40 countries. Last year 27 awardees from all over the world were able to attend the 28th EFPT virtual forum in Bucharest, Romania through this programme. (Check out the EFPT newsletter 08/2020 at (<http://eepurl.com/hbGdxr>) for testimonials of earlier participants.

This year we are proud to announce the 4th edition of the EFPT-MENTA Overseas Programme. Due to the exceptional global circumstances, the **29th EFPT forum**, which was due to be held in Brussels, for the second and hopefully last time will be held **online, 7th - 10th July 2021** (<http://efpt.eu/brussels2021/>) This format will allow several non-European trainees experience the forum, attend the lectures and workshops, and build connections with colleagues from all over the world.

To **apply** you must be a **non-European psychiatric trainee**. *Europe as per the World Health Organization's definition. A psychiatric trainee is a doctor who is in an official psychiatry training programme. Trainees currently working in their own countries will have preference over those currently training in Europe.*

The selected applicants will be expected to participate actively in the forum, providing a short presentation on their country and their training, and a digital poster on a selected topic. They must be able to ensure attendance to all parts of the forum.

Applications should be sent to mentaoverseas@gmail.com and include:

1. A short CV
2. A letter of motivation, stating the country where you come from and where you are training, and expressing your commitment in collaborating with EFPT-MENTA in the fulfillment of its international goals.

The deadline for sending in applications is **7th May 2021**, 12pm GMT (London time). All applications will be reviewed by a committee of MENTA WG members, and the outcome will be communicated by end of May 2021.

EFPT will **waive attendance fees** for the awardees. The number of participants per country might be limited, depending on the total number of applications. We will prioritize a diverse representation of participants from different countries, continents, and genders.

Please feel free to share this letter with any non-European psychiatric trainee. If you have any further questions, please do not hesitate to contact me.

Best wishes, stay safe and healthy.

Michael Wallies and the MENTA Overseas Programme Members